



## 2023 Food Drive Wish List

Oatmeal & Cereals

Pastas & Sauce

Bread & Crackers

Rice & Grains

Canned & Dried Beans

Canned Fish & Chicken

Canned Vegetables

Canned & Dried Fruit

Nut & Seed Butters

Canned & Boxed Soups

If you would like to help  
aside from, or in addition to,  
food supplies, scan the QR  
code to donate!



Rio Grande Food Project appreciates every food donation.  
Whole grain, low-sodium, low-fat, low-sugar options are optimal  
and we strive to provide healthy options as often as possible, but  
we gratefully accept **ALL** food donations.

Thank you for helping us envision a world where  
every person has plentiful, nutritious food.

To learn more about RGFP visit us at [www.rgfp.org](http://www.rgfp.org).